

### **Position: Strength & Conditioning Internship**

BCU is a proud member of the Mid Eastern Athletic Conference (I-A, I-AA) and has immediate openings for winter – spring 2008 intern positions. The intern positions begin in January and extends through May 2008. Compensation: This Internship is a paid position that will provide valuable division I experience and can lead to a recommendation for future career opportunities. The pay will be \$500.00 a month plus meals, and clothing. Interns must have a strong work-ethic and have a desire to become a strength and conditioning professional. The successful candidates will be required to schedule and maintain a minimum of 25 hours per week with the Strength and Conditioning Department. Hours will vary throughout the semester and may include early morning, late afternoon, or weekend hours. The quality of the interns experience is directly related to the effort and commitment that is put forth. Interns who ask questions get involved and make an effort to go above and beyond will be rewarded with a successful experience. The daily responsibilities will include: 1. Assisting with supervision and execution of strength training programs; for assigned teams. 2. Teaching student athletes proper lifting techniques and equipment use. 3. Attending to the daily maintenance of the training facilities. 4. Participation in weekly projects and assignments throughout the internship program. 5. Additional duties as assigned by Head Strength and Conditioning Coach. Qualifications: The successful candidate must be able to demonstrate a high level of independence and confidence when working with student athletes. A genuine interest in pursuing a career in strength and conditioning and a willingness to learn. This position requires a person with a high level of discipline and a commitment through the end of the internship. A bachelor's degree is required (NSCA, CSCCA, CSSC, etc. certification is preferred). Practical knowledge of exercise technique instruction is preferred. Good verbal and non-verbal communication skills is a must. This position reports directly to the Head Strength and Conditioning Coach. Contact: Send resume and references to: Britt Patton / Head Strength & Conditioning Coach, Dept of Athletics, 640 Bethune Blvd, Daytona Beach, FL 32114. Fax # (386)481-2238.